

### Memorandum from..

The Newsletter of Friends of 40Prado P.O. Box 12444 San Luis Obispo, CA 93406 www.Friendsof40Prado.org/donate

Volume VIII, Number 3, Summer 2017

### Why Didn't We Think of This Before?

In our last issue, we asked you to let us know if you would be happy with an annual giving statement, rather than receiving an acknowledgement for each and every donation. Many of you have accepted this offer, and we thank you for the savings in stationery and stamps!

It now occurs to us that there's another way to save stamps. If you would like individual acknowledgements for your donations, but you'd be happy to receive them as emails (which you can save, print, or both), please do let us know! We try to use your donation dollars as frugally as possible, and every stamp helps. Just call 805-541-7963 and leave us a message, or write a note on the remittance envelope next time you send in a donation. Thanks for helping us save paper and money!

# Recuperative Care Program at Maxine Lewis

"The body needs basic nurturing to be able to throw energy into healing" says Heather Murphy, the registered nurse who participates in the Recuperative Care Program currently operating at the Maxine Lewis Memorial Homeless Overnight Shelter. This program addresses the dire need for care after homeless patients are discharged from the hospital – often well before they are physically ready to be back on the streets. (See the accompanying article on Tony Devodier.) "Candidly, I know that some of our patients wouldn't be alive today if not for our program," Heather adds.

The program team includes an RN, case manager, and daytime shelter staff who work together to make sure patients who are discharged follow care instructions and avoid costly readmissions. Estimates show the program has saved CenCal Health approximately \$200,000 in six months of operations.

Unfortunately, without continued support, the program will end in December 2017. Discussions involving Tenet Health, Dignity Health and CenCal Health are underway with the hope that this pilot will become a permanent program offered at the shelter. If you're interested in learning more or supporting the

program's continuation, contact Grace McIntosh at 544-4355 x 185.

## From Maxine Lewis Shelter to Gigging at SLO Brew



Tony Devodier practices at Maxine Lewis Shelter Tony Devodier is a lucky man. Despite being terminally ill with cancer, living in CAPSLO's Recuperative Care Program at Maxine Lewis Shelter under the care of Dr. Thomas Spillane, Tony had a life-long dream of playing guitar in a rock

band, saying "I want to do good. I want to give people something they like."

It just so happens that Dr. Spillane is a member of local band "Where's Sweeney" and decided to nominate Tony to Dream Makers, a volunteer group formed to make wishes come true for terminally ill adults. Between them they arranged for Tony to rehearse with the band, outfitted him in new clothes and new guitar, and drove him in a limousine to make his debut as guest guitarist with Where's Sweeney at SLO Brew in San Luis Obispo on a recent Monday night.

Playing to a full house, Tony ended each song by looking up with a grin and a "thumbs up", mouthing to the audience "Can you believe it?"

#### Thank You's

Heartfelt thanks to the members of the Chapin Presbyterian Reformed Student Ministry in South Carolina! Accompanied by the Youth Pastor Trevor Allen and his wife Noelle, these recent high school graduates traveled to SLO to spend a week of service at Maxine Lewis Memorial Shelter. They not only paid their own airfare to travel here and stay in the YMCA in Santa Maria, they also spent their own money to purchase bark for the flower beds and bought new plants to beautify the outside of the shelter. On their last night of volunteering at the shelter we coordinated a BBQ meal for them. Pastor Trevor and his wife are originally from the Central Coast and moved to South

Carolina three years ago with their children so he could take this job. Meeting all of them was truly inspiring!

More heartfelt thanks to Edward and Lori Sweeny, two of our most faithful volunteers. They provide dinners once a month at Maxine Lewis, process intake of new clients (a huge help for staff), and help as greeters. Most recently they have helped us establish the Volunteer Steering Committee for the new 40 Prado center.

#### Update on 40Prado

CAPSLO has chosen J.W. Design and Construction, a local contractor, to build the new homeless services center at 40 Prado Road, and construction has begun! The site is being prepared, and the foundation pad for the building is scheduled to be in place by September -- next month! We are still accepting donations for further enhancements to the building and for

furnishings. And of course we still need your continued support for ongoing operations at Prado Day Center and Maxine Lewis Memorial Shelter until the new building is open for business. You can donate to either the building fund or to ongoing operations (or both!) at <a href="mailto:friendsof40prado.org/donate">friendsof40prado.org/donate</a>.

### **Donations / Volunteer Opportunities**

For more information about Friends of 40Prado, or to make a donation, visit <a href="https://www.friendsof40prado.org">www.friendsof40prado.org</a>. If you would like to volunteer at Prado Day Center or Maxine Lewis Memorial Shelter, please call 544-4355 x121 or email <a href="https://www.volunteer@capslo.org">volunteer@capslo.org</a>.

Friends of 40Prado provides support funding for Prado Day Center and Maxine Lewis Memorial Shelter. CAPSLO manages their day-to-day operations. The People's Kitchen coordinates hot lunches served daily at Prado Day Center by organizations throughout the county.



P.O. Box 12444 San Luis Obispo, CA 93406 Check out our new website: Friendsof40Prado.org

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The Chapin Presbyterian Reformed Student Ministry group, with our staffperson Orlando in the back row left.



J.W. Design and Construction begins construction on the new 40Prado center!



Tony (third from left) playing with Dr. Spillane's band "Where's Sweeney".