

# Avila Beach Polar Bear Plunge

<http://www.avilabeachpolarbearplunge.com/>

**Wednesday, January 1, 2020 at 12:00 PM (noon)**



Your **\$20 donation** supports **Friends of 40 Prado**, which has been helping the homeless in San Luis Obispo County since 1997.



**Friends of 40 Prado**

<https://friendsof40prado.org/>



With your \$20 donation we will give you a customized **2020 Avila Beach Polar Bear Plunge beanie.**

Don't forget to join us in the water or as a spectator on

**Wednesday, January 1, 2020 at 12:00 PM (noon) at Avila Beach, CA.**