



# Memorandum from ...

The Newsletter of Friends of 40 Prado  
P.O. Box 12444  
San Luis Obispo, CA 93406  
[www.friendsof40prado.org/donate.html](http://www.friendsof40prado.org/donate.html)

Volume XI, Number 1, Winter 2020



## Noor Eye Clinic

Grace, Michelle and EVERYONE at 40 Prado,

All told, we saw 269 patients and we gave out, or will soon give out, 66 gift certificates for free eye exams and glasses to those that we couldn't see. That totals 335 kind and deserving folks that received the gift of sight. How amazing is that!

As a first time event, it was even more impressive as none of us have done this before in this setting. It just couldn't have gone any better, as far as I am concerned. A big part of the success is the truly amazing and inspiring work of all the wonderful folks at 40 Prado. You are a group of "yes-sayers". This is a new term that I just made up! Every time anyone asked your team for anything, it was met with an immediate and enthusiastic....yes. That was so neat and appreciated. All of you at 40 Prado showed what teamwork and cooperation can accomplish.

*Rupert C Chowins, O.D*

Eye Clinic Director, SLO Noor Free Clinic

## Thank You!

**Avila Beach Polar Bear Plunge:** Thanks to **Cary Geihs**, **Alan Raul** and **Grace Held** for donating a total of \$3228.00! See photo on back.

**The San Luis Obispo County Band**, directed by **Leonard Lutz** presented the **25th Annual Benefit Concert for the 'Friends of 40 Prado'** at Mount Carmel Lutheran Church on November 17, 2019. A donation of \$1171.00 was given to Friends of 40 Prado from this event.

## 40 Prado Sets the Bar

Many communities throughout California are struggling with homelessness, and they are looking to 40 Prado as the model of genuine success! Providing temporary housing and services for the homeless population can be a daunting task. Often, communities oppose the construction of homeless shelters, and funding can be a challenge. However, 40 Prado is a shining example of how our community has come together to beat the odds and create something extraordinary. The California Community Economic Development Association (CCEDA) has taken notice of the great success of 40 Prado and has written a case study to document the processes that went in to building and running this center in order to educate and enlighten other communities throughout the state.

The 40 Prado Homeless Services Center is a 365-days-per-year, 24/7 facility that helps individuals and families improve their health and stability by providing meals, shelter and medical care. The center also helps move clients toward self-sufficiency through case management, after school programs, job training, and job placement assistance. Since opening in September 2018, 40 Prado has been operating at full capacity. They are continuing to add benefits and services for the men, women, and children who need assistance.

Many other cities and communities are trying to find answers, and they are looking to 40 Prado as an example. According to Jim Famalette, COO of CAPSLO, they have been sharing information with, "groups from Bakersfield, Visalia and San Benito, all of whom are looking at trying to build something." The comprehensive nature of 40 Prado, with the shelter, programs and medical care all under one roof, is unique, and other communities are using 40 Prado as a model, hoping to achieve similar success. Kevin Senada, who authored the case study for the CCEDA, concluded that, "The opening of the 40 Prado Homeless Services Center provides a successful example of a community-wide approach to addressing homelessness and demonstrates that money is essential, but that relying on one entity or a one-time investment will not solve a complex problem that manifested over decades. Supporting local efforts to manage homelessness takes sustained time, public and private investment, and leadership across a community."

# 40Prado Success Story

“Efrain” came to the Recuperative Care Program after a partial foot amputation as a result of diabetes. He and RCP staff were challenged by a longer than expected healing process. Due to immigration status and medical ineligibility, he had limited access to medical services. Unable to continue working, Efrain ended up in a situation of homelessness with no support. During his stay in RCP, staff connected him to community resources to assist in meeting some of his needs.

Efrain was passionate about following a diabetic diet and spent a time educating himself on his condition. He was dedicated to living the best life possible and did everything “by the book”. Getting back to his job and home and “being able to dance again” motivated him. He maintained a positive outlook even when things were not progressing the way they were supposed to.

After several months, his wound started to close. As soon as he was cleared to bear weight, he was out of his wheelchair and finding creative ways to provide his own type of physical therapy. Thanks to Caitlin May, the CHC Nurse Practitioner, and a generous donor, he will also now be able to get a partial foot prosthesis. With his hard work and the support of RCP and many others, Efrain left 40 Prado on December 20<sup>th</sup> to return home!



Friends of 40Prado is a 501(c)(3) nonprofit corporation, tax ID 77-0540323. We provide support funding for 40Prado Homeless Services Center. CAPSLO manages their day-to-day operations. The People's Kitchen coordinates hot lunches served daily at 40Prado by organizations throughout the county.

Non-Profit Organization  
U.S. Postage  
**PAID**  
Paso Robles, CA  
Permit No. 163



## Artists Needed!

Cal Poly student volunteers and 40 Prado clients did a fabulous job designing and painting a beautiful mural along the entire wall of the 40 Prado Family Dorm area. We have many more walls to paint! If you are an artist with experience creating murals, please contact Community Action Partnership of San Luis Obispo County's Hollie Wogan at [HWogan@capslo.org](mailto:HWogan@capslo.org).

## Avila Beach Polar Bear Plunge Raised \$3228 for 40 Prado!



## Donations / Volunteer Opportunities

To make donations, go to [www.friendsof40prado.org/donate](http://www.friendsof40prado.org/donate) or follow us on Facebook. To volunteer, please call 544-4355 x121 or email [volunteer@capslo.org](mailto:volunteer@capslo.org). For more information about Friends of 40Prado, visit [www.friendsof40prado.org](http://www.friendsof40prado.org).