

Thank You Friends!

We hope that this finds you well and healthy. We are aware that the past few months have brought uncertain times for the entire world and that the stress and strain has reached us here on the Central Coast as well. However, we would like to recognize the amazing generosity that has been shown by our compassionate donors and community. We greatly appreciate the donations that have been coming in to help support those who are the most vulnerable at this time. We are all looking forward to when the isolation is over and when we can get back out and enjoy being with our family and friends again. Until then, we will continue to post updates on our website and Facebook page.

Friends of 40 Prado Board



How You Can Help

Many of the functions at 40 Prado are performed by volunteers, especially meal service. While it is important for everyone to take health precautions at this time, it is especially vital for those over 65. Since many of the volunteers fall into this age range, 40 Prado could definitely use some helping hands! Please note that 40 Prado is very carefully following all guidelines set-forth by CDC and the State of California and is working with on site partner CHC to ensure that everyone remains healthy and safe (see article below).

Donations are appreciated as well. 40 Prado is still open 24/7 and providing meals daily. Organizations or groups willing to provide a meal would be greatly appreciated. Trader Joe's has been delivering donations of food that have been helping provide meals at 40 Prado and have also been going into packages delivered to Head Start families and clients of other CAPSLO programs throughout the county. For clients who are not staying at 40 Prado, hot meals are packed for them and sleeping bags and other essentials are provided.

Please see the list below for items most needed by 40 Prado. It is also available on our website and Facebook page. You can also make a donation on our website at: friendsof40prado.org/donate.

Items Most Needed

- Sleeping Bags
- Plastic/Rubber Ponchos
- Tents
- 30-Gallon Garbage Bags
- Ear Plugs
- Breakfast Foods
- Simple Green Cleaning Solution
- Toiletry Items

Donations accepted between 9 am and 2 pm.

Items can also be purchased and shipped directly to 40 Prado from the Dollar Days website:

dollardays.com/capslo-40prado/wishlist

CHC is Here

One of the things that makes 40 Prado unique is that there are so many services under one roof. Having Community Health Center nurses on-site has been such a blessing to all. In addition to seeing their regular patients, they perform daily health screenings for employees and volunteers to ensure the safety of everyone on-site. In addition, since many local offices are closed, they have been very busy with the Recuperative Care patients already at 40 Prado who are unable to see their regular physicians. While it has been difficult to purchase masks, gloves and sanitizers, the community has come through and donated these precious items, which are keeping everyone safe. These nurses are providing such a needed and valuable service in this time of crisis, and we are so grateful that they are there for the staff, volunteers and clients.

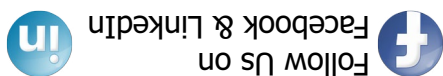


40 Prado Success Story

A young man in his 20's showed up at the door during the week of March 16th, as the COVID-19 virus was beginning to grip the community. He was from Southern CA and had never been to 40 Prado but someone told him he could come to take a shower and do his laundry. He was clearly exhausted. Due to the COVID-19 restrictions at 40 Prado, staff could not let him in but directed him to go around to the back so that they could talk more with him, give him some food, clothes and a sleeping bag, directions to the local laundry facilities in town and let him know other options for him. While this was happening, John Klevins with the SLO City Police Community Action Team (CAT) happened to drive up. 40 Prado Director, Grace McIntosh, told John about the young man and asked if there was any help that John could offer.

After talking with the young man, John was able to find out that the man had a mother in Oregon whom he hadn't spoken with in several years due to a "falling out". He was initially unwilling to have John call his mother, saying he was "ashamed", but finally agreed. As soon as John called and identified himself, the mother burst into tears saying that she thought her son was dead. After talking together for awhile both mother and son agreed that he should return home and John committed to getting the son a train ticket the next day. 40 Prado agreed to accept the young man and after taking his temperature, placed him in a separate area where he could take a shower and sleep for the rest of the day and night. Staff did his laundry that night and the next morning he boarded the train to Oregon.

Friends of 40Prado is a 501(c)(3) nonprofit corporation, tax ID 77-0540323. We provide support funding for 40Prado Homeless Services Center. CAPSLO manages their day-to-day operations. The People's Kitchen coordinates hot lunches served daily at 40Prado by organizations throughout the county.



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Getting ready to serve lunch at 40 Prado.



Thank you Ministerial Association!

Donations/Volunteer Opportunities

To make donations or to find out more about Friends of 40 Prado, go to friendsof40prado.org or follow us on Social Media. To volunteer, please call (805) 544-4355 x121 or email volunteer@capslo.org.