



# Newsletter

Volume XII, Number 3, Summer 2021

## More Families at 40 Prado

The 40 Prado Homeless Services Center has seen a **significant increase in nightly attendance** this summer, from an average of 70 participants per night in the month of May, to 82 per night in June. These rising numbers include more families seeking services, which has brought about an **increase in the number of children at the center, from 5 in May to 14 in June.**

In response to the growing numbers, staff members have taken on the additional responsibility of working as Facilitators. These new Facilitators go far beyond what is expected by helping participants schedule and track their medical and mental health appointments and paperwork. Staff at 40 Prado continue to show an incredible commitment to helping our participants achieve housing and self-sufficiency.

**Thank you to the wonderful staff and volunteers who go above and beyond every single day!**



## 40 Prado Services Spotlight - Recuperative Care

The Recuperative Care Program was created in cooperation with CenCal Health in August of 2016. **The purpose of the program is to provide a place where homeless individuals can safely recuperate after a stay in the hospital.** Until the creation of this program, there were no safe and quiet places where these individuals could rest and recover during the day. In response to this enormous problem, CenCal Health, in collaboration with CAPSLO, launched the San Luis Obispo County Recuperative Care Program (RCP). The RCP, under the supervision of CAPSLO staff at 40 Prado Homeless Services Center, provides program participants, who have little to no resources or are homeless and medically fragile, **an opportunity to receive case management, nursing and medication management assistance, as well as necessary medical transportation services.**

Rod Youngquist, Social Worker at Sierra Vista Medical Center stated, "The recuperative care program is the most important thing that has happened in my twenty-five years of social work, in terms of homeless health care in our county. They go well beyond just the basic medical respite that is recommended by the physician."



Recuperative care has a dedicated nurse and a full-time case manager who helps these individuals stay connected with their primary care and get specialty care when needed. According to Grace McIntosh, the majority of participants in the program require at least one type of additional specialty care. **An emphasis is placed on making sure clients see their physicians for necessary follow-up and preventive services.** Additional services include home health visits, health education and collaboration with community social service resources.

## Best Wishes Grace!

**We very sadly say good-bye to the director of the 40 Prado Homeless Services Center, Grace McIntosh.** Grace has been instrumental in the development and operation of the center, and she has been a constant voice and advocate for the homeless population of San Luis Obispo County. Grace has over 30 years of leadership experience in the nonprofit sector, including her role as Deputy Director at Community Action Partnership of San Luis Obispo County, Inc. (CAPSLO), in which she was responsible for six CAPSLO divisions. **She also established and oversaw numerous groundbreaking programs and services at 40 Prado.**

In addition to her influential work with CAPSLO, McIntosh served on the Homeless Services Oversight Council, Adult Services Oversight Council, Interfaith Coalition for the Homeless, and Emergency Food and Shelter Board. She was also involved in the creation of SLO Hub, a treatment/case-management program that supports housing, recovery, employment, and education for chronically homeless individuals with mental health and substance abuse disorders. She has earned many awards over the years, including the 2015 National Community Action Partnership Award of Excellence.

She is moving out of the area to be near family, but **we wish her the best and genuinely thank her for her dedicated service to the community.**



# 40 Prado Success Stories

"Tina" came to 40 Prado in December of 2019. She had been in and out of sober-living programs and kept to herself in her initial days at the shelter, silently struggling with her addiction problems.

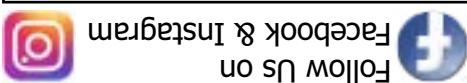
In July of 2020, after several months at the shelter, "Tina" expressed motivation to find permanent housing and to focus on her sobriety. Staff at 40 Prado quickly recognized her new found motivation and referred her to the housing case management program. She enrolled in drug and alcohol services and started seeing a therapist regularly. "Tina" worked closely with her case manager to budget and save her money, which improved her credit score from a five hundred to above seven hundred.

**"Tina" worked diligently and eventually obtained a Section 8 Voucher that allowed her to afford housing.** At this time she also began working for herself, cleaning offices and homes in the community to make extra money to contribute to housing. She developed relationships with her clients and was able to utilize some of them as references for housing applications. Eventually, she saved enough money for a security deposit and 1st month's rent. On June 16th, 2021, after seven years of dealing with homelessness, "Tina" was finally able to make herself at home in her new apartment in San Luis Obispo. **Thanks to the support and resources available to her at 40 Prado, "Tina" learned the necessary life skills to sustain her current housing and ultimately her new life.**

Read more Success Stories on our website - <https://friendsof40prado.org/>



Friends of 40Prado is a 501(c)(3) nonprofit corporation, tax ID 77-0540323. We provide support funding for 40 Prado Homeless Services Center. CAPSLO manages their day-to-day operations. The People's Kitchen coordinates hot lunches served daily at 40 Prado by organizations throughout the country.



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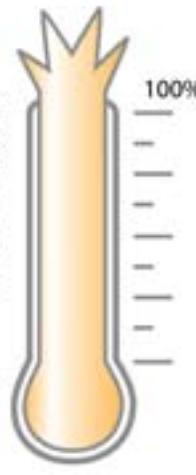
San Luis Obispo, CA 93406

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Your contributions and generous support enabled us to meet our goal once again. Without you, none of this is possible!

Thank you!



THREE  
PEOPLE  
HOUSED

June 2021

Three 40 Prado clients found housing with the help of the Case Management Program.

## Donations/Volunteer Opportunities

To make donations or to find out more about Friends of 40 Prado, go to [friendsof40prado.org](https://friendsof40prado.org) or follow us on Social Media. To volunteer, please call (805) 544-4355 x121 or email [volunteer@capslo.org](mailto:volunteer@capslo.org).