

# Friends of 10 Newsletter

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# Highlights From 40 Prado Services!

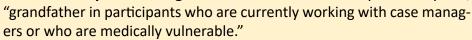


40 Prado is unique and amazing in that so many different programs are housed under one roof. Here are some highlights to keep you updated on the wonderful work that they do. The Recuperative Care Program served 8 unduplicated medically fragile participants with an average of 3 participants per night. SLO Hub provided 211 case management services, and 24 unduplicated participants received 81 therapy services. Also, they served an average of 127 dinners per night.

In the month of June, the Day Program served 380 unduplicated participants from 340 households. The average number of persons served per day was 105, including 21 unduplicated children. The Shelter Program hosted an average of 118 persons per night, with 24 new intakes. There were 218 unduplicated participants from 190 households. Of these, 17 were unduplicated children, with an average of 10 children per night. Friends of 40 Prado Board

## Spotlight - Housing-Focused Shelter Program

In June, the 40 Prado Homeless Services Center began transitioning their current Shelter Program to a Housing-Focused Shelter Program with a 90-Day Bed Program. The new focus places a higher priority on helping clients transition to permanent housing while limiting their stay to 90 days. Since opening its doors five years ago, 40 Prado has operated using a lottery system to determine who would get a bed for the night. Cecil Hale, CAPSLO's Homeless Program Manager, explained that with the new program, participants will have a guaranteed bed for 90 days so that they can, "focus on securing permanent housing, working on their recovery and finding income." He went on to say that they will,





According to Jack Lahey, Director of Homeless Services for CAPSLO, most clients stay at 40 Prado 60 days. At the end of that time, clients are either, "matched with housing or considered, 'self-resolving' - meaning they secured housing on their own, reunited with family who can house them or returned to the street." They plan to transition the beds gradually starting in June, hoping to have the new program in full swing by fall of 2023.

Cecil Hale stated that the new program brings 40 Prado in line with State of California Housing First policies. Housing First is a homeless assistance approach that prioritizes providing permanent housing to people experiencing homelessness in order to end their homelessness and serve as a platform from which they can pursue personal goals and improve their quality of life. Having a guaranteed bed for 90 days allows clients to work more closely with case managers to develop a plan to find hous-

ing. If the participant is working towards housing but hasn't found it within 90 days, they will be granted a 30-day extension. However, according to Lahey, "If they disengage from case management during an extended stay, the bed will no longer be available." Ultimately, the goal is to make 40 Prado more efficient by using its resources more productively.

"We are very excited to move our program into this new model, and we are engaging with the community (stakeholders, service providers, funding and regulatory bodies, CAPSLO staff, and both current and former participants) to socialize this program and solicit feedback before we fully launch the program. We are anticipating an ability to better capture outcomes, in terms of people attaining housing after their exit from the homeless services center shelter. We anticipate having approximately 87 of the 95 individual adult beds converted to this program. We still anticipate having four male and four female beds that could be open for a nightly referral from our community partners and/or our outreach - Jack Lahey

### **40 Prado Success Story**

In May of 2022, Earl enrolled in SLO Country's Safe Parking Program. After three months, he was able to transition to programs and services provided by CAPSLO and 40 Prado. Earl proved himself to be an invaluable resource, which inspired program staff to name him the first Site Captain at the Safe Parking Program site. Earl continued to be an integral program participant and helped

build a sense of community with his outgoing and honest personality. Earl also worked diligently with 40 Prado staff on securing a Section 8 voucher to help him find housing.

In October 2022, Earl suffered a major cardiac arrest and underwent double bypass heart surgery. Earl proved himself to be resilient and recovered so well from his surgery that French Hospital staff felt he could be discharged to 40 Prado's Recuperative Care Program instead of a skilled nursing facility. Earl was enrolled in RCP on October 18th and made a fast recovery. Just three weeks later, on his birthday, Earl was informed by Housekeys, a City of SLO's Affordable Housing Program and 40 Prado partner, that he was eligible for a brand new apartment at the Summit SLO property on Foothill Blvd.

On January 1st, 2023, three months after being hospitalized and two and half years since he first became homeless, Earl moved into his new home with his dog Bruno, ready for a fresh start. We wish all the best to Earl and Bruno!



Friends of 40 Prado is a 501(c)(3) nonprofit corporation, tax ID 77-0540323. We provide support funding for 40 Prado Homeless Services Center. CAPSLO manages their day-to-day operations. The People's Kitchen coordinates hot lunches served daily at 40 Prado by organizations throughout the county.



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### **Corvair Car Show**

Thanks to everyone who came out for the Central Coast Corsa Vairfest Car Show! It was such a great day, and the cars were amazing. We would like to give special thanks to Vince Petrie and Jim Pennell for all their hard work in organizing the event. We are excited to announce that, due to the wonderful generosity of the participants and attendees, \$1380.00 was raised for Friends of 40 Prado. The donation is being made in memory of Craig Foch.

Thank You!



## **Donations/Volunteer Opportunities**

To make donations or to find out more about Friends of 40 Prado, go to **friendsof40prado.org** or follow us on Social Media. To volunteer, please call (805) 544-4355 x121 or email **volunteer@capslo.org**.