



## Your Contribution is Important

- \$5000 - 100 dinner meals (per night) for 10 weeks
- \$2500 - 10 Warming Station nights
- \$1000 - Cost of food, services, shelter for one client a month
- \$500 - 100 towel replacements
- \$250 - One Warming Station night
- \$100 - Safe Parking Program support
- \$50 - Healthy evening snacks for 100 children
- \$20 - A shelter night for one person



November 2024

Dear Friends,

It's hard to believe another year has passed. Throughout 2024, Friends of 40 Prado continued to raise funds to support the critical work of the 40 Prado Homeless Services Center, and we couldn't have done it without your support. While homelessness remains a visible issue in our community, together, we are making a meaningful difference. Your generosity has made it possible for the shelter to provide meals, medical care, and essential services to those who need them most.

As affordable housing remains in short supply, the need for 40 Prado's services continues to outpace current resources. Without the shelter's support, many more people in our community would be left without hope. As our Homeless Services Director, Jack Lahey, mentioned, "The main difference between 40 Prado's clients and others is that our clients have to navigate their personal struggles in the public eye, while those in houses have the luxury of struggling privately." Your contributions not only provide shelter but also restore dignity and hope to those experiencing homelessness.

Homelessness affects us all in some way, and your continued assistance keeps 40 Prado's programs and services available to those who need them most. I hope you'll join us in continuing to support this vital work this holiday season and beyond. Thank you for your generosity. 40 Prado couldn't exist without supporters like you.

*Christopher Gomez, Chair*

**Friends of 40 Prado Board of Directors:** Deborah Amorteguy, Robert Igel, Brynne Speizer, Tim Connely, Ty Green

## Services Offered at 40 Prado

### Day Services

- CAPSLO Case Management
- Restroom, Laundry and Shower Facilities
- Newspapers and Computers for Job and Housing Searches
- Local Phone Use & Mail/Message Services
- Bus Tokens
- Children's Programs and Supplies
- Health Screenings
- AA, NA Weekly Meetings
- People's Kitchen Hot Lunch Served Daily

### Night Services

- Dinner Every Night
- Men's, Women's and Family Dorms for 125 Individuals
- Warming Station for Additional People During Severe Weather
- Safe Night-Time Parking

### Partner Agencies

- Friends of 40 Prado
- People's Kitchen
- Community Health Center
- Transitions Mental Health
- Community Counseling Center



40 Prado Kitchen Team



## Success Story

Marlene initially arrived at the 40 Prado Homeless Services Center in June of 2023. Prior to that, she was dealing with numerous health issues that were disrupting her daily life and making it difficult to keep going on her own. Thankfully, she was given a referral for the Recuperative Care Program (RCP) at 40 Prado. In RCP, Marlene was able to build her strength and prepare for her next steps with Housing Navigation. Once enrolled in Housing Navigation, Marlene was matched to a Supportive Housing unit at Paso Home Key through San Luis Obispo County's Coordinated Entry System. Not long afterwards, she was able to get a home of her own. Now, with the help of HASLO's care team at the Paso Home Key location, Marlene is able to celebrate her new found independence while still receiving the support that she needs after transitioning out of the shelter.



# Spotlight On an Amazing Volunteer!



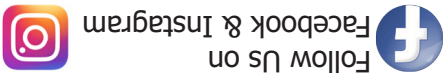
Teena Colebroom, a 10-year CAPSLO volunteer, is truly the force behind the success of the food service program at 40 Prado. Teena coordinates the Food Recovery Program, working with Trader Joe's, Whole Foods, and Costco to pick up food that is close to the "best by" date - not perfect for retail, but still perfectly good for consumption. Teena and her team recover food for 40 Prado 5 days a week and on weekends, if there is a one-off donation. They start collecting at 7:00AM and arrive at Prado by 8:30AM. Average daily donations from these retailers can range from 600-1300 pounds, and often Teena loads them into her vehicle herself. Prado also partners with San Luis Unified and the SLO Food bank, which contributes 1000-1200 pounds of food. The amazing work of Teena and her team, as well as the incredible generosity of Prado's other partners, is why they are so successful in providing healthy, scratch-made meals every single day. Just to put this program in perspective, they were able to serve 50,000 meals in the first 6 months of 2024 entirely with recovered food!

Teena is amazing in many ways. She was in the English Royal Air Force for 8 years, and she was a professional athlete for 20 years. She holds records in track at Cal Poly for the 800, 1500, and 3000 meter running events that have never been beaten, and she also holds a record for running the mile in a time of 4.26.12 minutes, which she accomplished in Norway.

Teena also finds time to make incredible Oatmeal and Roasted Breakfast Potatoes, loaded with bacon and sausage, for Prado breakfast participants. Thank you Teena for all you do!!

To read more about the food rescue program, visit [friendsof40prado.org](https://friendsof40prado.org)

Friends of 40Prado is a 501(c)(3) nonprofit corporation, tax ID 77-0540323. We provide support funding for 40 Prado Homeless Services Center. CAPSLO manages their day-to-day operations. The People's Kitchen coordinates hot lunches served daily at 40 Prado by organizations throughout the county.



\$40 for  
40 Prado  
Set-up a recurring  
donation on our  
website.



## CHAMPION



## SUPPORTER



## Thank You to Our Valued Partners!

We are so grateful to our Valued Partners. These local businesses have committed financial support that directly fuels the operations of 40 Prado Homeless Services Center. Contributions go towards vitally needed programs and services. If your business is interested in partnering with us, we would love to hear from you. Please visit our website for more information on how to join us as a Valued Partner.  
<https://friendsof40prado.org/valuedpartner/>

## FRIEND

